**TEMPLATE LETTER FOR MPs:**

You can copy and paste the text below into a letter or an email to send to your local Member of Parliament (MP).

You just need to add their name and your name and postcode so that they know you are one of their constituents.

If you would like to share how brain injury has affected you and your family, please do, as this will help your candidates to understand why we need to create change for brain injury survivors and their loved ones.

You can [look up your MP here](https://members.parliament.uk/FindYourMP).

Draft email to your MP:

Subject line: Tell the Chancellor to Budget for Brain Injury

**Dear [INSERT MP’S NAME],**

**Tell the Chancellor to Budget for Brain Injury**

As your constituent, I am urging you to speak up for brain injury survivors and support Headway’s Budget for Brain Injury appeal ahead of the Chancellor’s Spring Statement on Wednesday 26 March.

Headway is a UK-wide charity that provides vital support to brain injury survivors and their families. The charity supports a network of around 100 independent Headway charities and volunteer-led branches, which deliver essential services such as rehabilitation, carer support, and social reintegration.

However, these crucial services face significant financial pressures from the ongoing cost-of-living crisis, reduced local authority funding, a decline in public donations, and the upcoming National Insurance employer contribution increases.

Already, over the past two years, almost 10% of the Headway network of local affiliated charities have been forced to close their doors. Many more are being forced to scale back services or are in danger of closure. Only government support can reverse this unsustainable situation.

As your constituent, I urge you to:

* Write to Chancellor Rachel Reeves, expressing concern about the financial impact on local Headway charities.
* Meet with Headway’s Policy and Public Affairs Manager, Richard Wood ([richard.wood@headway.org.uk](mailto:richard.wood@headway.org.uk)) to become a Headway Parliamentary Champion and/or speak up for brain injury survivors in your constituency.

By encouraging the Chancellor to Budget for Brain Injury and support the Headway network, you will be supporting brain injury survivors and their loved ones to lead fulfilling lives, and to maintain as much independence, choice, and control as possible.

Thank you for your time. I look forward to hearing from you.

Best wishes,

[YOUR NAME]

[YOUR ADDRESS – INCLUDING POSTCODE]